



The Indy Pantry

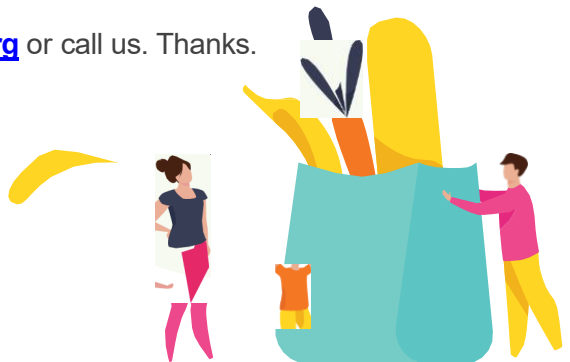
"The Indy Pantry" is a community membership scheme that allows people to get great value for money on a weekly shop for food and other essential goods. With a £1 membership fee, members can access **10 tokens for £4.00** or **15 tokens for £6.00** each week. This includes food, toiletries, cleaning products plus much more. We're open every **Wednesday from 9.30 am to 2.00 pm.**

People all across society are facing food poverty, often due to a crisis in finance or personal circumstances and may also not be able to access or prepare a healthy diet. And when you visit the pantry, you will be offered advice relating to healthy eating and cookery, with recipes available every week.

If you want to become a member, please use the links shown below, pop into our premises in Bootle, or ring us on **0151 345 6639**. Alternatively, you can email us on **pantry@independenceinitiative.org**

If you would like to donate please visit our website on

www.independenceinitiative.org or call us. Thanks.



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**Independence
Initiative**